

Functional Medicine

Functional Medicine Goes Upstream to IMPACT Health



- Nutrition
- Stress
- Sleep
- Exercise
- Relationships



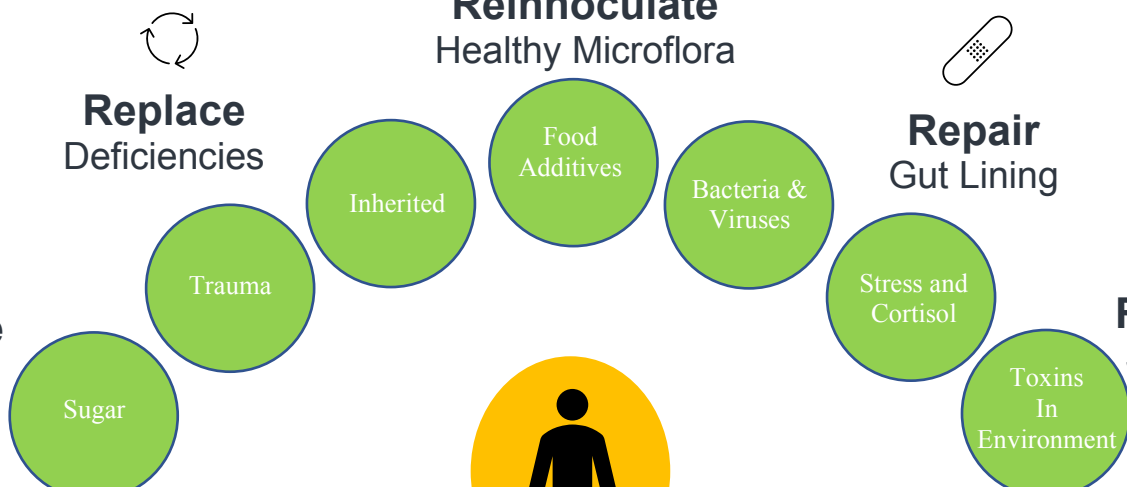
Reinnoculate Healthy Microflora

Replace Deficiencies

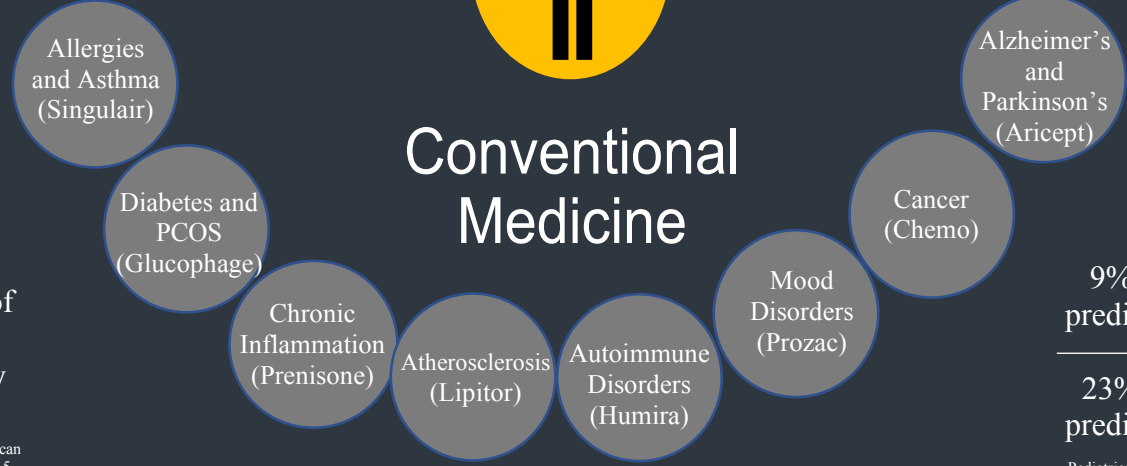
Repair Gut Lining

Remove Triggers

Rebalance Sleep, Diet, Exercise



Conventional Medicine



Shortage of 90,000 doctors by 2025

Association of American Colleges Report 2015

9% of teens are prediabetic in 2000

23% of teens are prediabetic in 2008

Pediatrics vol 129, No 6, June 2012

Downstream Thinking

“a pill for an ill”

50%
Predicted percentage of the US population in 2030 with chronic disease

Projection of Chronic Illness Prevalence and Cost Inflation. RAND corporation October 2000

80%
of Americans take one medication daily

N Engl J Med 2012;367: